

THE POWER OF WORDS

THIRD THURSDAYS



# MYROOTS

HUMANITY IN ACTION  
22 JANUARY 2026

PRESENTED BY  
SACHA CELINE VERHEIJ

# THE START

01

Democracy and the  
Politics of Memory

02

Going beyond  
Dominant Perspectives

# CREATIVE PROCESS

# EP RELEASE

03

Spoken Word and  
Democratic Expression

04

Community-  
Building Initiative

# COLLECTIVE

# QUESTIONS

05

Room for Questions

# THE START



Who gets to decide what is remembered and what is forgotten?



Do you need to know **the past**  
to understand **the present** and  
know where to go in **the future**?



# MY CREATIVE PROCESS

## DESK RESEARCH

Researching and benchmarking

## WRITING

- Project outline
- objectives
  - target groups
  - research questions
  - methods
  - themes
  - deliverables
  - budget

## IDEATION

Brainstorming concepts and creative directions

## RECORDING

Studio sessions with musicians

## PRODUCTION

Conducting family interviews and write spoken word

## DELIVERY

Spoken Word EP

A woman with long, wavy brown hair is shown from the chest up, speaking into a black microphone. She is wearing a dark, sleeveless top. The background is dark and out of focus. The text is overlaid on the image in white and orange colors.

Poetry is not a luxury. It is a **vital necessity** of our existence. It forms the quality of the light within which we predicate our hopes and dreams toward **survival and change**, first made into language, then into idea, then into more **tangible action**.

**Audre Lorde**

# EP RELEASE

HISTORY BOOKS  
GENERATIONS  
MIXED ROOTS & IDENTITY



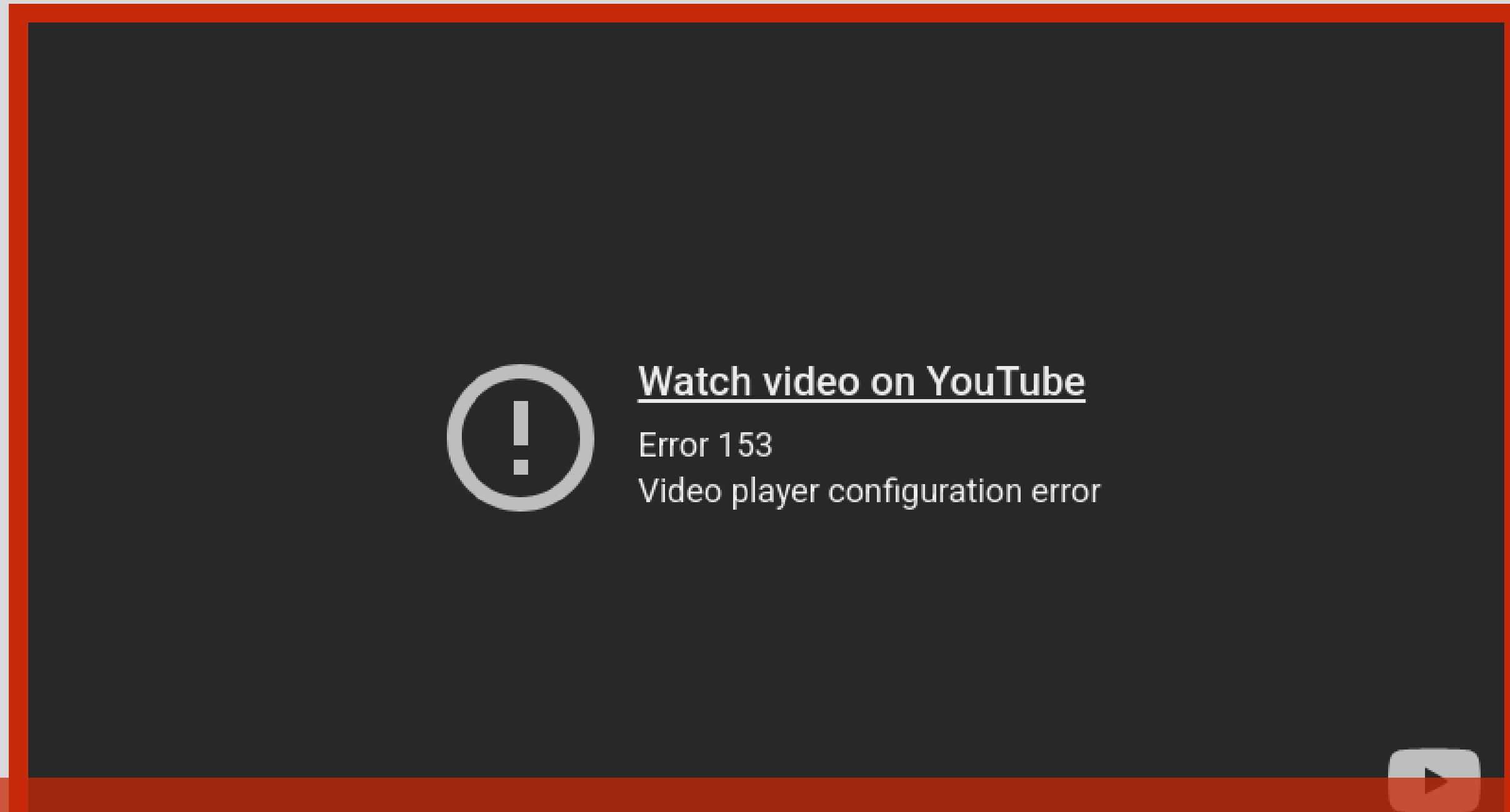
“By capturing my family’s stories, I am putting our roots from the shadows into the light. I hope to inspire others to learn about their family history. We are made up stories, it forms the human fabric. But some stories stay hidden, are repressed or simply lost.”

WEARING MY  
ROOTS



# COLLECTIVE

**GOING BEYOND  
THE DOMINANT  
PERSPECTIVES**



Through the use of art and cultural participation, we commemorated our feelings and memories around the traumatic colonial past together with a focus on our ancestral foremothers—transforming them into art.

# QUESTIONS?

**A small story is a big story:** your  
experience exists within a  
larger context.

**Sacha Celine** Verheij